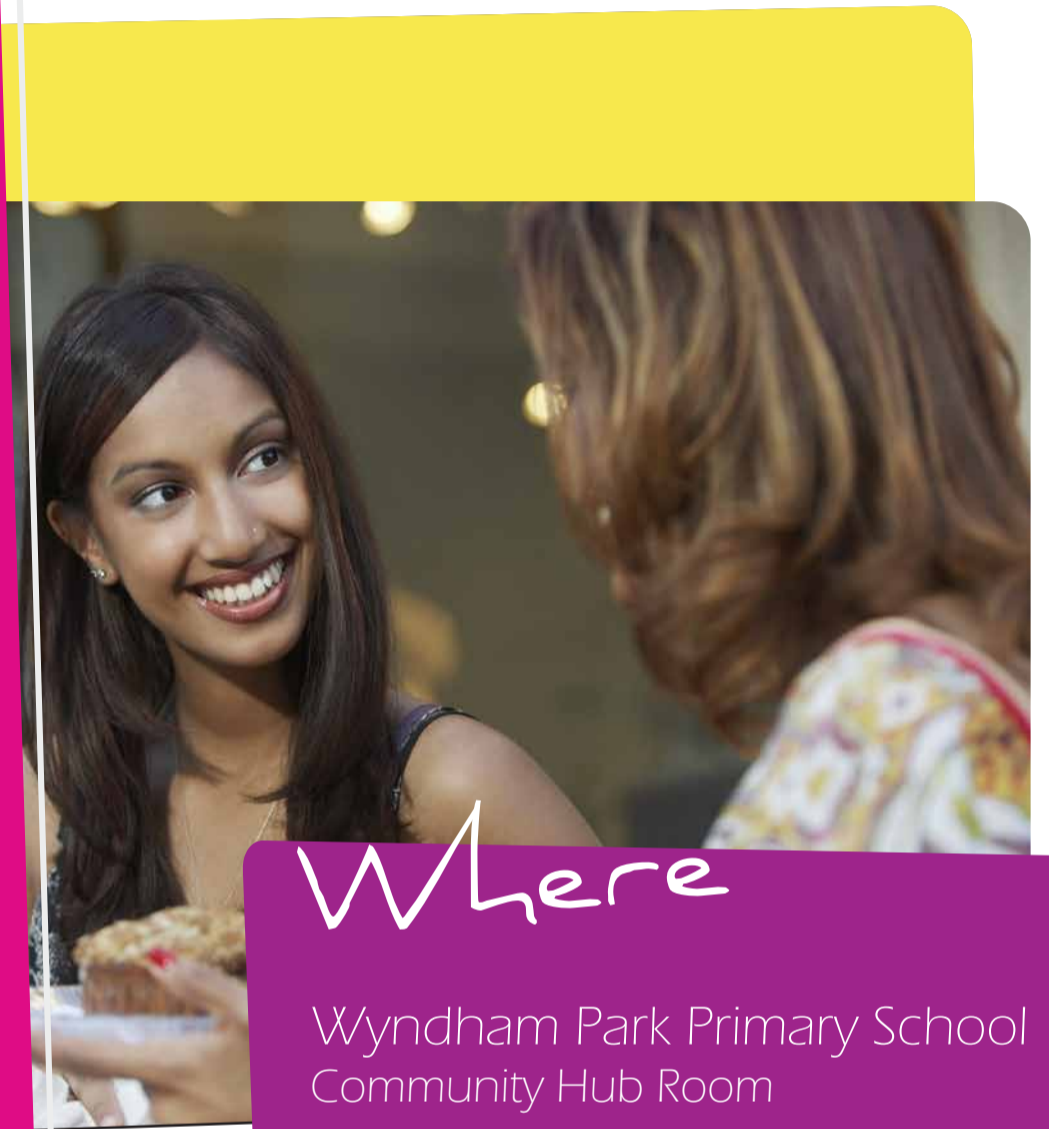


Indian Young Women's Group in Wyndham

- learn new skills
- access information
- develop social networks
- meet other young woman

At the Indian Young Women's Group we will talk about healthy diets, healthy lifestyles, communication skills, child care and self-care among others. It will also include important aspects of Indian culture such as Bollywood dancing, singing and henna body art.



Where

Wyndham Park Primary School
Community Hub Room
Kookaburra Ave, Werribee

When

Every Friday
12:30pm - 2:30pm

FREE EVENT

SNACKS SUPPLIED



Wyndham
Community &
Education Centre Inc.
Improving lives - Strengthening communities

For more information contact:

Wyndham Community and Education Centre
3 Princes Highway Werribee
<http://www.wyndhamcec.org.au>

Ph: 9742 4013

This program is free of charge and will be facilitated by a trained Provisional Psychologist